

## CROWN/BRIDGE POST-OPERATIVE INSTRUCTIONS

These instructions are intended to help you after your permanent crown appointment. Please avoid anything hard or sticky for 24hrs after the cementation of your permanent crown to allow cement to set up fully.

### NUMBNESS

Your lips, teeth and tongue may be numb for several hours after the root canal. Avoid chewing anything until the numbness had completely worn off.

### MEDICATION AND DISCOMFORT

If you experience soreness/tenderness in your gums around the tooth/teeth that underwent treatment, rinse with warm salt water at least three times a day. One teaspoon of salt in a cup of water will work. If you like, you can take over-the-counter ibuprofen/Advil/Motrin or acetaminophen/Tylenol as indicated.

### FINAL THOUGHTS

Definitely call us if you notice swelling or persistent pain or if your bite feels uneven (it feels like a strawberry seed is stuck between your top and bottom teeth). **If you have *any* questions or concerns, do not hesitate to call Dr. Scott.**

Thank you for the opportunity to serve you.

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